



**Daily  
Wonder**

Waldorf Morning Lessons

# Grade 1

*The Wonder of Grade One*

Scope & Sequence

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# The Wonder of Grade One

In Grade 1, your child experiences a sense of oneness with the world around them. They live through their feelings, soaking up sensations from their environment and beginning to master fine motor skills. Memory becomes an extraordinary new tool, and children at this age can hold verses, songs, and stories with remarkable strength. They are ready to be inspired through their emotions rather than to learn only through imitation.

Grade 1 invites your child into the world of learning through living pictures. Fairy tales from around the world, nature stories, and Indigenous tales offer the underlying inspiration that kindness is rewarded and the world is good. This emotional foundation is the soil from which numeracy, literacy, and a lasting love of learning grow.

**Story theme:** Fairy tales from around the world, nature stories, and Indigenous tales.

**Underlying inspiration:** “Kindness is rewarded, the world is good.”

**Recommended morning lesson length:** 1.5–2 hours, five days a week.

## How this document is organized

This is an overview of what your child will learn throughout Grade 1. It is intended to support families and learning consultants who are evaluating Daily Wonder, and to help homeschooling families with reporting and documentation. It is not the curriculum itself. Purchasing a unit or a full grade gives you the daily lesson plans, materials lists, stories, and resources that bring this scope to life.

The document covers: a year-at-a-glance overview of the ten units, scope and sequence for each core subject (numeracy, literacy, social studies, science), notes on additional curriculum areas, and a closing section on standards alignment and reporting.

# Year at a glance

Grade 1 unfolds across ten thematic units, each woven through with multiple subjects, social-emotional learning competencies, and First Peoples’ Principles of Learning.

Unit	Subjects integrated	Core competencies	First Peoples’ Principle
<b>1. The Wonder of Patterns and Forms</b>	Math · Language Arts · Social Studies · Science	Creative thinking; social awareness & responsibility	Learning is holistic, reflexive, experiential, relational
<b>2. The Wonder of Consonants</b>	Language Arts · Social Studies · Math · Science	Positive personal & cultural identity	Learning is embedded in memory, history, and story
<b>3. The Wonder of Numbers</b>	Math · Language Arts · Science	Creative thinking	Learning recognizes the role of Indigenous Learning
<b>4. The Wonder of Consonants 2</b>	Language Arts · Social Studies · Science	Positive personal & cultural identity	Learning is embedded in memory, history, and story
<b>5. The Wonder of Math</b>	Math · Language Arts	Creative thinking	Learning supports the well-being of self, family, community, land, spirits, ancestors
<b>6. The Wonder of Vowels</b>	Language Arts · Science · Math	Critical thinking	Learning requires exploration of one’s identity
<b>7. The Wonder of Skip Counting</b>	Math · Science · Language Arts	Personal awareness & responsibility	Learning recognizes the role of Indigenous knowledge
<b>8. The Wonder of Words</b>	Language Arts · Social Studies · Science · Math	Communication	Learning involves patience and time
<b>9. The Wonder of Shapes</b>	Math · Science · Language Arts	Creative thinking	Learning involves patience and time
<b>10. The Wonder of Habitats</b>	Science · Language Arts · Social Studies	Social awareness & responsibility	Learning involves exploration of one’s identity

# Numeracy

Daily Wonder follows a Waldorf-informed approach to mathematics. New concepts are introduced experientially through story, movement, image, and hands-on work, then reinforced through daily practice in a grade-level math workbook chosen by the family. Each unit identifies a key math focus, allowing families to time workbook practice to match Daily Wonder’s introduction of each concept.

## Key Grade 1 mathematics concepts

- Repeating elements in patterns can be identified and extended
- Objects and shapes have attributes that can be described, measured, and compared
- Addition and subtraction with numbers to 10, modelled concretely, pictorially, and symbolically
- Numbers to 20 represent quantities that can be decomposed into 10s and 1s
- Concrete graphs help us compare and interpret data and show one-to-one correspondence
- Skip counting and grouping as a foundation for multiplication
- Beginning financial literacy

## How math unfolds across the year

Unit	Math focus
<b>1. Patterns and Forms</b>	Pattern recognition; attributes of shapes and forms; predicting and comparing.
<b>2. Consonants</b>	Mathematical thinking woven into daily activities; pattern continuation.
<b>3. Numbers</b>	Introduction to addition and subtraction within 10 through living, embodied work; number patterns including Roman numerals.
<b>4. Consonants 2</b>	Number concepts to 20; equality and inequality; repeating patterns through games.
<b>5. Math (immersive)</b>	The four processes (+ – × ÷) introduced through character and image, building qualitative understanding alongside numbers to 24.
<b>6. Vowels</b>	Place value (10s and 1s); simple addition and subtraction to 20; comparing 2D and 3D objects.
<b>7. Skip Counting</b>	Daily practice with addition, subtraction, and grouping to 30; skip counting as a foundation for times tables.
<b>8. Words</b>	Word problems and balanced equations; equality and inequality; computational fluency.
<b>9. Shapes</b>	Attributes of 2D and 3D shapes; data collection and concrete graphing.
<b>10. Habitats</b>	Beginning financial literacy; shapes and attributes consolidated.

# Literacy and Language Arts

Grade 1 literacy begins with story and ends with the joy of independent reading. Through fairy tales, nature stories, and Indigenous tales, children meet language first as a source of beauty and meaning, and then, gently, as a code to be unlocked.

## Key Grade 1 literacy concepts

- Curiosity and wonder lead us to new discoveries about ourselves and the world
- Stories and texts help us learn about ourselves and our families
- Language and story can be sources of creativity and joy
- Stories and texts can be shared through pictures and words
- Through listening and speaking, we connect with others and share our world
- Playing with language helps us discover how language works
- Everyone has a unique story to share

## Phonics progression across the year

**Units 2 & 4 — All 21 consonants:** letters and sounds discovered through observation and story. Graphemes emerge from the environment, as they did for humans long ago. Children develop visual and auditory memory and engage with the shape of letters.

**Unit 6 — Vowels and Phonics Rules 1–4:** decoding CVC words; digraphs (sh, ch, th, wh, ng); blends at beginnings; silent e.

**Unit 8 — Phonics Rules 5–8:** inflectional endings (-s, -ed); r-controlled vowels (ar, er, ir, or, ur); compound words; soft c and g. The Word Bank is introduced.

## Poetry and verse

Daily verses anchor the morning lesson’s rhythm. Verses and songs are woven throughout to develop speech, memory, imagination, and inner stillness — and to support transitions between activities. Each unit offers opening and closing verses and a selection of thematic poems; families are always welcome to substitute verses they love.

## Cursive writing

Cursive is introduced in Grade 2, once your child knows all letters and their sounds and is beginning to understand encoding (spelling). In Grade 1, the foundation is laid through formed-letter practice and clear letter-sound recognition. Daily Wonder recommends teaching the archetypal cursive forms in order of difficulty, with daily practice supporting both motor skill and brain development.

## Recommended daily reading practice

Children are encouraged to read aloud or silently for 15–30 minutes each day, before or after the morning lesson. Each unit suggests appropriate read-aloud chapter books and early-reader options drawn from the Grade 1 Reading List in your full handbook.

# Social Studies

Grade 1 social studies begins close to home. Children explore their place within family and the learning community, develop a sense of personal responsibility, and meet diverse cultures through story. Indigenous knowledge and perspectives are woven throughout the year, with Indigenous tales from the lands on which Daily Wonder is created sitting alongside fairy tales and nature stories from around the world.

## Key Grade 1 social studies concepts

- Our rights, roles, and responsibilities are important for building strong communities
- Healthy communities recognize and respect the diversity of individuals
- Healthy communities care for the local environment
- We shape the local environment, and the local environment shapes who we are and how we live

## A note on religion and culture

Daily Wonder is not a religious curriculum. Where stories or verses touch on spiritual traditions such as Indigenous, Christian, Buddhist, Jewish, and others, they are offered for their cultural and human meaning, not as religious instruction. Across the K–7 years, children encounter many of the world’s major spiritual traditions in their historical and cultural contexts. In Grade 1, the focus is gentler: stories from around the world that build a sense of diversity, belonging, and care for community.

# Science

Science in Grade 1 grows from observation and wonder. Most units include a science focus or “Special Investigation,” a brief, hands-on exploration of the natural world that supports families who report on science to a learning consultant.

## Key Grade 1 science concepts

- Matter is useful because of its properties
- Living things have features and behaviours that help them survive in their environment
- Observable patterns and cycles occur in the local sky and landscape
- Light and sound can be produced, and their properties can be changed

Each unit pairs a science concept with a hands-on activity drawn from the natural world: properties of nature objects, animal adaptations, seasonal patterns and Indigenous seasonal rounds, the wonder of light and sound, the cycles of plant and creature life, and the habitats children find in their own backyard, forest, garden, or beach.

# Additional curriculum areas

Beyond the four core subject areas, Grade 1 also provides regular opportunities to develop the following, particularly relevant for families in jurisdictions that require broader reporting.

Curriculum area	How Daily Wonder Grade 1 covers it
<b>Applied Design, Skills &amp; Technology (ADST)</b>	Designing, creating, making, and evaluating — through unit projects, handwork, and practical activities.
<b>Arts Education</b>	Dance, drama, music, and visual art — woven through portfolio creation, painting, modelling, song, and cultural-immersion activities.
<b>Career Education</b>	Awareness of strengths, collaboration, adaptability, and resilience — through shared family work and household responsibilities.
<b>Physical &amp; Health Education</b>	Intentional Movement Activities (IMA) every morning: clapping games, circle dances, skip patterns, ball-bouncing, developmental exercises. Plus rhythm, nutrition, and family well-being through daily life.
<b>Social Emotional Learning</b>	Each unit names a core competency focus (creative thinking, social awareness, communication, etc.) and weaves it through story, reflection, and practical experience.
<b>First Peoples' Principles of Learning</b>	Integrated throughout every unit — each unit names the principle most strongly carried in its story themes, activities, and ways of working.

# Standards alignment and reporting

Daily Wonder is aligned with the BC Ministry of Education learning standards, which emphasize core competencies and conceptual understanding across all subject areas. Because these competencies are shared internationally, Daily Wonder is used successfully by families around the world. While reporting requirements vary by location, the knowledge, skills, and capacities developed through Daily Wonder align with the expectations of most educational jurisdictions.

When completing learning reports, parents may reference this Scope & Sequence overview, the unit summaries and student work samples gathered through the year, and the First Peoples' Principles of Learning integrated throughout each unit. Because Daily Wonder is integrated, learning from a single unit may be reported across multiple subject areas.

Daily Wonder is not a school. We do not submit records or reports to any province, state, or governing body. Each family remains responsible for knowing and meeting the homeschooling requirements of their area.

# Where to learn more

How Daily Wonder works · [dailywonderhomelearning.com/curriculum.html](https://dailywonderhomelearning.com/curriculum.html)

Try a free sample · [dailywonderhomelearning.com/samples.html](https://dailywonderhomelearning.com/samples.html)

Shop Grade 1 curriculum · [dailywonderhomelearning.com/store/c10/full-year-lesson-plans](https://dailywonderhomelearning.com/store/c10/full-year-lesson-plans)

Frequently asked questions · [dailywonderhomelearning.com/faq.html](https://dailywonderhomelearning.com/faq.html)

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