

Poetry & Verses

Please see our video: *Poetry & Verses*; Poetry is such a beautiful way to bring a sense of individuality to your child. It strengthens their speech, develops their memory, and gives them a huge feeling of perseverance.

Creating a rhythm for your morning lessons will help you and your child to settle into homeschooling for the day. Each morning lesson should begin and end with a verse or a song. Typically, the same opening and closing verse is said for the entire year but can vary from grade to grade. Below are several examples for you to choose from.

In addition to your opening and closing verses and songs you can also use verses and songs to build connection to the unit theme (for example, a poem about a ruby in the Wonder of Geology unit), or the season. Verses and songs are also a key ingredient for smooth transitions between morning lesson activities. It's typical that you might have between 3 and 6 verses and songs. Here are some ways you can use verses and songs throughout your day:

- A moment of uprightness to work on stillness, speech, memory and thematic inspiration
- A verse to accompany an intentional movement activity
- A thematic poem to write into the Learning Portfolio
- A verse or a song to indicate transition to another morning lesson activity

Opening Verses

Welcome the Day

Morning has come,
Night is away,
Rise with the sun,
And welcome the day.

The Sun with Loving Light

(Typical Opening Verse for Grades 1-4)

The Sun with loving light
Makes bright for me each day,
The soul with spirit power
Gives strength unto my limbs,
In sunlight shining clear
I do revere, oh world, *(or God, up to you...)*
The strength of humankind,
Which Thou so graciously
Has planted in my soul,
That I with all my might,
May love to work and learn.
From Thee stream light and strength
To Thee rise love and thanks.

I place Myself Steadfastly into existence

(Grade 7 & 8 verse)

I place myself steadfastly into existence.
With certainty I tread the path of life.
Love I nurse in the core of my being.
Hope I lay in all my doing.
Confidence I impress into my thinking.

All things to know and love

The earth is firm beneath my feet,
The sun shines bright above.
And here I stand, So straight and strong,
All things to know and love.

I Look into the World

(Typical Opening Verse for Grades 5-8)

I look into the world
Wherein there shines the sun
Wherein there gleam the stars
Wherein there lie the stones
The plants the live and grow
The animals they feel and live
And humans to Spirit give
A dwelling in the soul

I look into the soul
That living, dwells in me
Life's spirit lives and weaves
In light of sun and soul
In heights of worlds without
In depths of soul within
To thee oh Spirit of Earth *(or Spirit of God...)*
In seeking, turn myself
That strength and grace and skill
For learning and for work
In me may live and grow

The Golden Sun

(Grades 7 & 8 verse)

The golden sun so great and bright, warms the world with all its might.
It makes the dark earth green and fair, attends each thing with ceaseless care.
It shines on blossom, stone and tree, on bird and beast, on you and me.
Oh, may each deed throughout the day, may everything we do and say
Be bright and strong and true, oh, golden sun, like you.

Closing Verses

I am Going Out into the World

I am going out into the world
I will watch my ways
I will act from a place of goodness
I will recognize the bad things
Because my heart will tell me

May Wisdom Shine Through Me

May wisdom shine through me,
May love glow within me,
May strength permeate me,
That in me may arise
A helper of humankind
A server of holy things,
Selfless and true.

To Finish What I Start

Light be in my thought,
Love be in my heart,
Strength be in my will
To finish what I start.

Of My Thoughts, Words and Deeds

My hands have been busy
My heart is now full;
The garden I planted
Has flourished and grown.
So too in the harvest
Of life may I reap
The well-ripened fruits
Of my thoughts, words and deeds.

Guide Your Way Home

May the long-time sun
Shine upon you,
All love surround you,
And pure light within you,
Guide your way home.

Kind Words and Kind Deeds

Kind hearts are gardens,
Kind thoughts are roots.
Kind words are blossoms,
Kind deeds are fruit.
Take care of your garden,
And keep out the weeds.
Fill it with sunshine
Kinds words and kind deeds.

Brave and True I Will Be

Brave and true I will be
Each kind word sets me free
Each kind deed makes me strong
I will fight for the right
I will conquer the wrong

Tend with Care

Your mind is a meadow
To plant for your needs;
You are the farmer,
With knowledge for seeds.
Don't leave your meadow
Unplanted and bare,
Sow it with knowledge
And tend it with care.

My Brother, Good Morning: My Sister, Good Night

The moon on the one hand, the dawn on the other:
The moon is my sister, the dawn is my brother.
The moon on my left and the dawn on my right.
My brother, good morning: my sister, good night.

All My Doing Now Has Ended

All my doing now has ended,
What I have learned may rest.
When I have done my very best,
Wisdom, love, and strength may grow,
And I shall bless all those I know.

Poetry

The Waldorf Book of Poetry: <https://vdocuments.mx/the-waldorf-book-of-poetry-look-inside.html>

Please see The Waldorf Book of Poetry which contains a free .pdf 110-page book of poems for children.